

## **SHOWERS FROM HEAVEN**

### **Fundraising Community Project for the MK Love in Action, Milton Keynes Central SDA Church**

MKLIA is a non profit organisation that assists destitute individuals within Milton Keynes that are experiencing Homelessness. Every week the Ministry provides free hot meals, clothes, tents, sleeping bags, food bags, and a laundry cleaning service. In addition to this, counselling services are also made available such as Alcohol Anonymous, Social Services and Pastoral Care. Over the last few years, there have been interests from women in need of personal hygiene facilities. Unfortunately, this could not be facilitated, as there are currently no showers on the premises.

This need moved an individual member of MKLIA Dawn Remy, a singer songwriter and publisher of the gospel album *'Are you Ready'* to start her fundraising projects for this cause.

The first fundraising project she undertook was to produce a CD *'No Matter'*. A total of 1000 CDs, was produced costing £5 with all proceeds going to the MKLIA shower project. Over a period of two years after taking to the streets in all weathers waving her CDs that Sis Remy decided that there had to be another way to raise funds.

That's when the second fundraising project was started called the **BIG SPLASH "Can a black woman swim?" on 03 September 2018**. Sis Remy gave this title because she was unsure whether she could really do a sponsored swim to raise funds as she was a novice swimmer. However, despite her apprehensions, God gave her the strength to achieve 106 laps, what she never thought was possible. The fundraising project was also supported by Sis Pamela Bennett who completed 40 laps and Bro Steven Brown who completed 25 laps. The total collected for this project totalled £375.00 and the victory was blessings showered down from heaven.



The final Fundraising event was a charity concert **'It's A Family Affair Concert' held on 06 October 2018**. Despite many hurdles faced by Sis Remy. God covered her by His grace and the concert was a resounding success with support from many voluntary artists including her mother and family and visitors from London and the online contributors and pledgers. An amazing £1711.11 was collected, which far exceeded expectations.



A continued Appeal for this project is ongoing for the life saving work of MKLIA which relies on the money the Ministry receives. Readers of this article can still donate to this cause by purchasing the CD *'No Matter'*, or by inviting Sis Remy to their church to fund raise or by making a donation to MK LIA Showers. For further information you can contact Sis Remy @ [dawnremy@yahoo.co.uk](mailto:dawnremy@yahoo.co.uk).

*Submitted by Dawn Remy and edited by Francesca Reider, Communications Dept, MKSDA Church*

## Baptism at the Milton Keynes Seventh Day Adventist Church



There was rejoicing both in Heaven as well as in Milton Keynes SDA Church on the 13th of October 2018, because two individuals, Sis Morayo Olumide-Diyan and Bro Dean Murphy gave their lives to Christ, claiming the words recorded in Romans 6 v 3-6. Empowered by the Holy Spirit, Sis Morayo and Bro Dean diligently attended the bible studies given by Pastor Anim and the Elders, which prepared them in making the decision, and to live for Christ.

They were baptised by Pastor Michael Anim in the presence of church members, joyous families and friends. As the candidates immersed into the pool, their favourite hymns of praise and scripture verses filled the church. Pastor Anim presented them with their baptismal certificates, book gifts and welcomed them into the fellowship of the MKSDA Church.

*Prepared by Francesca Reider, Communications Dept MKSDA Church.*

## 10 Wedded Years in Christ

There was rejoicing at Milton Keynes SDA Church on **27 October 2018** as the church celebrated the 10<sup>th</sup> year wedding anniversary of Vivien and Princewill Igenewari. A special prayer and blessing for the couple was done by Pastor Michael Anim in the presence of friends and family.

This is the testimony given by the couple on their 10 years together:

Many say '**all you need is love**' in a marriage but we say love has its place but what keeps us is Christ in both our hearts and all the stumbling blocks we experienced eventually became stepping stones to achieving greater heights!!

So, it's been 10 years 🙌 since we said 'I do' to each other. Yes, it was not only blissful days we experienced there were many low moments too but we always chose to focus on lessons we learned from each low episode and every time we came out stronger to

enjoy the high moments even better. 🎉 🧱

So this month we celebrate love, family, health and more importantly Jesus Christ our Lord who is the real deal in the mix!



🧱 John 15:5 "... without me ye can do nothing"



Thank you Jesus!! 🙌 🧱



*Submitted by Vivien Igenewari and edited by Francesca Reider, Communications Dept, MKSDA Church*

## MKSDA Health Ministries Department

Bro Anthony Perkins spearheading the few years and have message to our pastoral spot during sumptuous lunches around regarding their message that they have message to the regional community churches and special health events.



and Sis Rhonda Perkins have been MKSDA Health Ministries Department for a been leaders in promoting the health members through their regular 10 min the worship service and serving up their every quarter. Recently word has gone passion and commitment to the health started to get invitations to share the health

This quarter they were invited by Bro Robert Henry from the Northampton SDA Church, to their first ever Health Expo held on Sunday 14 October 2018 at St Crispin Community Centre, Northampton. To give their ultimate best they started on a rainy morning at their allotment pulling veggies to have a fresh display for the expo. Their labour of love did not go to waste as they used some of their fresh home grown veggies in their juicing demonstrations and also managed to give some away at the end of the day to enthusiastic visitors. This event was well attended by members of the public and there even was a local counsellor who managed to go around all the stations giving a small address to those who were there. The Perkins thoroughly enjoyed this experience which set them up for the following week.



They got invited to take part in the Ghana International SDA Church Health Emphasis weekend on 20 & 21 October 2018. A little nervous as to what to expect, they were warmly greeted into the English speaking Sabbath School lesson and settled in for the day. The first day was on the Sabbath and was an all day event starting with a presentation on the stomach during the worship service, which went down a storm, especially with the very animated Ghanaian translator adding his own special touches. The sermon was delivered by Dr Kam Kam and focused on deliverance, obedience and re-education all from a health aspect. This was followed by an afternoon AYS presentation and a session of questions and answers by the Perkins. All in all they experienced a truly blessed Sabbath and on Sunday

back with a renewed enthusiasm to share juicing for health and getting more fruits smoothies. They created a few juices, ones, which once everyone got over the green were more than happy to taste. Even happy to try them out and thoroughly smoothies went down a treat too. The weekend and looked forward to sharing this.

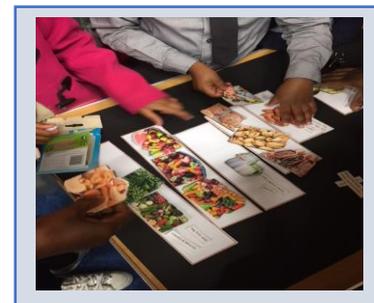


morning they were some tips on raw into the diet with including the green fact that they were the children were enjoyed them and the Perkins had a blessed more occasions such as

Which presented the Perkins with another opportunity to participate in another Health Emphasis Day on Sabbath 17 November 2018 at the West Bletchley Community SDA Church. It was an



all day event emphasising the health message. The Perkins introduced the relationship of the Word of God to Health in the first part of the worship service.

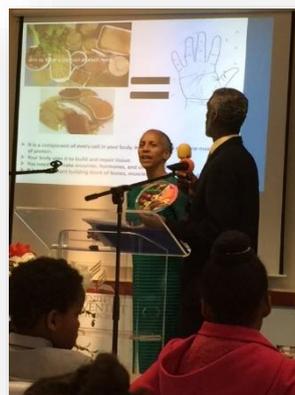


This was followed by an interesting thought provoking sermon '**The Teachable Moment**' by Elder

Herbert Pfende, which each individual will experience to turn their health around. The Perkins contributed their signature healthy lunch of soup, bread lead by the Perkins with the food pyramid. The Elder Herbert Pfende on the change one's lifestyle. Perkins to bring the health members.



wholemeal home baked bread to the light and fresh fruits. The afternoon session was presentations and activity based session on afternoon ended with a presentation by Another accolade to the commitment of the message to the wider community of SDA



*Submitted by Rhonda Perkins and edited by Francesca Reider, Communications Dept, MKSDA Church.*